

Naam	EindTijd	Lap1	Lap2	Lap3										
Astrid van Velden	11:01.0	00:41.3	01:28.6	01:29.6	01:28.1	01:30.0	01:30.1	01:28.1	01:25.3					
Tess Boekema	18:36.9	00:40.9	01:29.4	01:30.1	01:31.4	01:33.1	01:30.2	01:30.3	01:30.1	01:29.9	01:29.7	01:29.9	01:29.8	01:22.3
Lieve Tollet	19:28.6	00:41.3	01:29.1	01:30.7	01:32.5	01:34.3	01:33.8	01:34.5	01:34.9	01:34.6	01:35.5	01:36.2	01:37.7	01:33.6
Marlies Groenewold	19:33.0	00:41.7	01:30.2	01:32.7	01:32.6	01:31.2	01:33.9	01:34.0	01:35.0	01:35.1	01:36.7	01:38.1	01:37.9	01:33.8
Linda Eektimmerman	20:40.1	00:42.6	01:31.5	01:36.2	01:37.9	01:39.2	01:40.8	01:41.7	01:41.8	01:43.3	01:42.0	01:41.7	01:41.2	01:40.2
Feike Koops	21:11.3	00:46.2	01:39.3	01:42.0	01:43.9	01:39.6	01:42.4	01:41.1	01:41.8	01:43.5	01:43.6	01:44.5	01:43.8	01:39.6
Lotte Hagenbeek	21:51.6	00:45.0	01:39.1	01:43.6	01:46.3	01:45.0	01:46.8	01:47.1	01:46.9	01:48.0	01:51.8	01:49.8	01:49.0	01:33.1
Ineke Nawijn	11:42.8	00:45.7	01:40.0	01:48.0	01:50.9	01:50.1	01:52.4	01:55.8						
Retse van der Berg	18:15.8	00:39.0	01:28.4	01:30.8	01:29.7	01:30.0	01:29.3	01:28.9	01:28.1	01:27.9	01:28.7	01:29.1	01:29.0	01:16.7
Rutger Jan Lusseveld	18:17.7	00:37.6	01:26.9	01:33.1	01:29.1	01:30.4	01:30.8	01:28.8	01:28.2	01:27.6	01:28.7	01:29.2	01:29.0	01:18.4
Sjoerd van Westerop	18:19.3	00:40.7	01:27.0	01:29.8	01:30.1	01:29.8	01:30.4	01:29.0	01:28.4	01:27.8	01:28.6	01:29.2	01:28.8	01:19.7
Michel Blaauwgeers	18:37.5	00:40.3	01:29.3	01:30.6	01:31.0	01:33.3	01:30.0	01:29.8	01:30.8	01:28.5	01:29.4	01:30.6	01:30.5	01:23.4
Gerrit Doornwaard	18:56.3	00:39.2	01:27.6	01:31.3	01:29.2	01:30.1	01:30.6	01:29.4	01:32.1	01:33.3	01:34.8	01:35.8	01:33.3	01:29.8
Daniel van den Esschert	19:06.0	00:41.1	01:29.5	01:30.6	01:32.7	01:34.3	01:33.7	01:34.8	01:35.0	01:35.0	01:34.7	01:32.4	01:32.0	01:20.2
Niels Visser	19:08.4	00:41.5	01:29.4	01:31.9	01:33.2	01:33.2	01:33.8	01:34.1	01:33.3	01:33.0	01:32.2	01:33.2	01:33.5	01:26.3
Aalt Wensink	19:49.8	00:42.1	01:31.4	01:33.9	01:34.3	01:35.5	01:35.9	01:35.4	01:37.9	01:38.0	01:36.8	01:38.8	01:37.7	01:32.3
Mischa Visser	20:13.5	00:43.1	01:33.5	01:37.1	01:36.9	01:38.1	01:40.5	01:38.7	01:39.0	01:39.5	01:40.1	01:40.0	01:38.0	01:29.0
Rene Brinkman	21:31.7	00:46.2	01:38.9	01:42.5	01:44.2	01:41.1	01:46.7	01:48.1	01:48.2	01:47.3	01:47.2	01:48.0	01:46.4	01:27.0
Wim Jochems	21:39.5	00:42.1	01:32.4	01:35.9	01:36.6	01:39.2	01:41.6	01:48.6	01:50.7	01:53.1	01:50.6	01:52.2	01:51.9	01:44.6