

5 km mannen

Naam	Geboortejaar	Factor	Aantal	Tijd	Zwols Bosloop	Wezep	Leadax-Run	Koningsloop Heerde	Koningsloop ElburgHattem	Paddenrun	2e loopavond	Pinksterloop	Hattem	4e loopavond	Dalli run	PLUS Sintloop
Gerard Kroes	1970	0,9131	7	00:18:14			00:17:30	00:17:39	00:17:20			00:18:15	00:21:34		00:17:57	00:17:23
Eildert Delger	1943	0,6509	6	00:18:37		00:19:00	00:18:43			00:19:07	00:17:57	00:18:42	00:18:15			
Jan van den Brink	1959	0,8063	6	00:19:24	00:19:15	00:20:42	00:20:02			00:18:07		00:19:39				00:18:41
Wilco Jonker	1998	1	6	00:20:13	00:20:15	00:20:03	00:19:38	00:21:07							00:20:03	00:20:13
Stefan Reurink	1997	1	6	00:22:44	00:23:23	00:23:40	00:23:51	00:22:31							00:22:22	00:20:34
Marcel van den Bosch	1971	0,9225	5	00:17:33		00:17:10	00:16:47						00:17:02		00:16:00	00:20:44
Jurian Onderdijk	1995	1	5	00:20:59		00:22:04	00:20:44	00:21:02							00:19:29	00:21:36
Flip Nijhoff	1952	0,7383	5	00:21:30	00:21:14	00:21:10	00:21:20					00:22:02	00:21:45			
Wim Potjes	1958	0,7966	4	00:18:09		00:18:07	00:17:15					00:18:37	00:18:37			
Reint Scholten	1964	0,8548	4	00:19:06							00:19:13	00:19:47		00:18:45		00:18:38
Nico van Beest	1969	0,9034	4	00:20:01						00:20:14			00:20:06		00:19:59	00:19:46
Theo Hanekamp	1972	0,9314	4	00:22:06		00:21:39		00:23:46		00:22:04	00:20:54					
Jurrie Teeuwen	1940	0,6218	4	00:22:24	00:21:46		00:22:08		00:22:16	00:23:28						
Dennis van Ommen	1979	0,9785	4	00:22:53		00:23:40				00:23:08			00:22:05		00:22:40	
Roel Fidder	1969	0,9034	4	00:25:02					00:29:34			00:26:43	00:22:41			00:21:10
Ewout de Vos	1985	0,9977	3	00:17:18			00:16:55		00:17:05			00:17:55				
Ruben Wieberdink	1993	1	3	00:19:17										00:19:36	00:19:34	00:18:42
Aalt Wensink	1978	0,9734	3	00:19:40								00:20:12			00:19:39	00:19:11
Gijs van de Wetering	2002	0,968	3	00:19:52			00:21:25						00:17:52		00:20:19	
Marcel Wagtelenberg	1965	0,8645	3	00:19:53		00:19:50		00:19:40							00:20:09	
Maikel Bos	1994	1	3	00:20:04										00:20:28	00:20:49	00:18:54
Hilbert Kraaij	1980	0,9831	3	00:20:34								00:20:45	00:20:18			00:20:39
Rob van Vliet	1962	0,8354	3	00:20:50						00:21:41			00:20:49		00:20:00	
Gerard Krist	1969	0,9034	3	00:21:41			00:21:38				00:21:28			00:21:57		
Jan-Pieter Mondria	1963	0,8451	2	00:14:51	00:14:49											00:14:53
Bas Mekking	1977	0,9678	2	00:16:24				00:16:11				00:16:38				

Cees Boeve	1969	0,9034	2	00:18:05			00:18:40		00:17:30
Peter de Rooy	1960	0,816	2	00:18:38	00:18:59				00:18:18
Harry Nijkamp	1962	0,8354	2	00:20:52	00:21:00	00:20:45			
Jan Willem Hanekamp	1970	0,9131	2	00:20:56			00:21:15	00:20:37	
Janko van Arken	1976	0,9616	2	00:21:05			00:21:14	00:20:56	
Wim Westerink	1958	0,7966	2	00:21:17		00:21:45		00:20:50	
Wim Krooshof	1951	0,7286	2	00:21:44				00:21:22	00:22:07
Gerjan Petter	1987	0,9998	2	00:22:01		00:22:13	00:21:48		
Marcel den Besten	1974	0,9476	2	00:22:33				00:23:00	00:22:06
Bas Grotenhuis	1980	0,9831	2	00:22:56					00:23:49 00:22:02
Wim Van Riesen	1989	1	2	00:23:03				00:23:30	00:22:36
Marco Bastiaannet	1974	0,9476	2	00:23:06		00:24:04			00:22:08
Gerard van Riesen	1982	0,9906	2	00:23:32				00:23:37	00:23:27
Evert van Dieren	1977	0,9678	2	00:29:08				00:29:33	00:28:44
Hubert Bogemann	1962	0,8354	1	00:16:30					00:16:30
Daniël van den Esschert	1993	1	1	00:17:18					00:17:18
Jeroen Kwakkel	1979	0,9785	1	00:17:31					00:17:31
Klaas Draaijer	1974	0,9476	1	00:17:38					00:17:38
Aleid Bosch	1950	0,7189	1	00:17:45					00:17:45
Roy Woensdregt	1975	0,9549	1	00:17:49	00:17:49				
Jan Strik	1957	0,7869	1	00:17:57			00:17:57		
Robin Meima	1999	1	1	00:18:06	00:18:06				
Arie Verhoef	1952	0,7383	1	00:18:09		00:18:09			
Bert Blankvoort	1974	0,9476	1	00:18:41	00:18:41				
Bert Prins	1958	0,7966	1	00:18:58					00:18:58
Sander Klaassen	1999	1	1	00:19:06		00:19:06			
Jan Blaauw	1973	0,9398	1	00:19:10					00:19:10
Maikel Potkamp	2006	0,8958	1	00:19:21					00:19:21
Rudie Krukkert	1965	0,8645	1	00:19:51			00:19:51		
Ruben Vos	2003	0,952	1	00:19:58					00:19:58
Harrie Hatzmann	1971	0,9225	1	00:20:03			00:20:03		
Joris Stigter	1971	0,9225	1	00:20:04				00:20:04	
Frits Lautenbag	1948	0,6995	1	00:20:06		00:20:06			
Feike Koops	1971	0,9225	1	00:20:08					00:20:08
Edwin van Kolthoorn	1975	0,9549	1	00:20:14				00:20:14	
Gerard de Jong	1954	0,7577	1	00:20:14	00:20:14				
Martin Bastiani	1961	0,8257	1	00:20:24					00:20:24

Niels van Lohuizen	1997	1	1	00:20:24			00:20:24
Joost van den Brink	1974	0,9476	1	00:20:24			00:20:24
Niek Stijf	2005	0,9164	1	00:20:29		00:20:29	
Bert van den Berg	1961	0,8257	1	00:20:34			00:20:34
Klaas Compagner	1948	0,6995	1	00:20:39			00:20:39
Carlo van Dijk	1979	0,9785	1	00:20:45			00:20:45
Edward van Dootingh	1984	0,9959	1	00:20:59		00:20:59	
Arjen Velthuis	1974	0,9476	1	00:20:59			00:20:59
André van de Wetering	1985	0,9977	1	00:21:00			00:21:00
Gé van de Beek	1967	0,884	1	00:21:02			00:21:02
Michael Knijnenberg	2007	0,8734	1	00:21:28			00:21:28
Stan Woensdregt	2003	0,952	1	00:21:32		00:21:32	
Pascal Remmerts	1976	0,9616	1	00:21:42			00:21:42
Jur Teeuwen	1940	0,6218	1	00:22:15			00:22:15
Rob Rikmanspoel	1968	0,8937	1	00:22:47		00:22:47	
Wilco Landman	1974	0,9476	1	00:24:19		00:24:19	
Gert Jan van Leeuwen	1980	0,9831	1	00:24:31			00:24:31
Dirk van Putten	1956	0,7772	1	00:24:45			00:24:45
Steven Hanekamp	2001	0,984	1	00:24:52			00:24:52
Hein van Enk	1980	0,9831	1	00:25:35			00:25:35
Barend Bosman	1966	0,8743	1	00:27:11			00:27:11
Wilco Bonhof	1968	0,8937	1	00:27:31		00:27:31	
Erwin Kers	1973	0,9398	1	00:27:36			00:27:36
Arjan van Hoorn	1973	0,9398	1	00:28:48			00:28:48
Gert-Wim Fuite	1972	0,9314	1	00:30:36			00:30:36
Bas van der Loo	1980	0,9831	1	00:32:23		00:32:23	
Marc Blommers	1979	0,9785	1	00:32:57			00:32:57